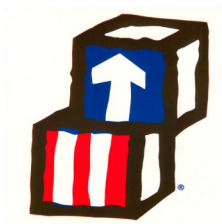


7

Super Things Parents & Caregivers Can Do

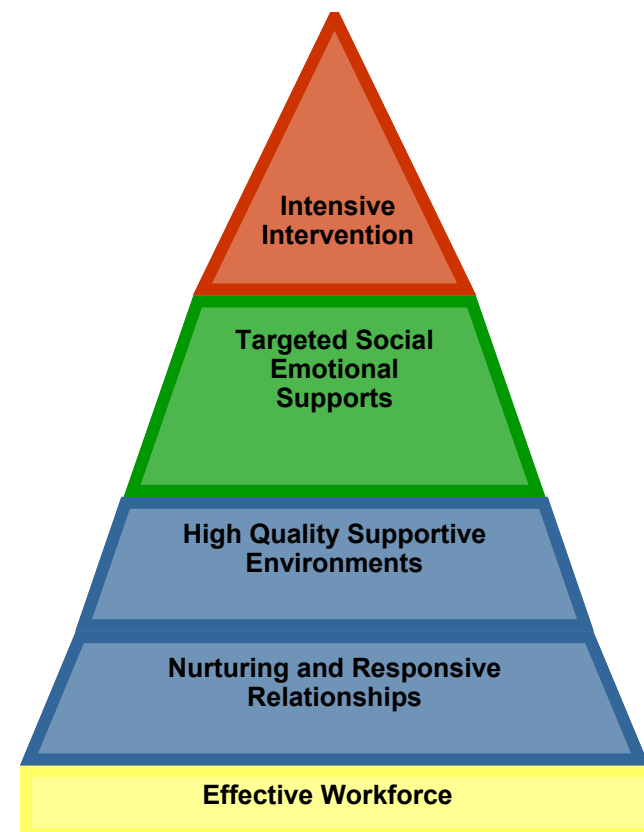
1. Talk often with your children from the day they are born.
2. Hug them, hold them, and respond to their needs and interests.
3. Listen carefully as your children communicate with you.
4. Read aloud to your children every day, even when they are babies, play and sign with them often.
5. Say “yes” and “I love you” as much as you so “no” and “don’t.”
6. Ensure a safe, orderly, and predictable environment, wherever they are.
7. Set limits on their behavior and discipline them calmly, not harshly.



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Positive Behavior Interventions & Support



What is Positive Behavior Interventions & Support (PBIS)?

NICAO Head Start has been utilizing Positive Behavior Interventions and Support since 2002. This system is intended to decrease problem behaviors by creating good learning environments and teaching children appropriate social and communication skills. Positive Behavior Interventions & Support is a program-wide behavior system that addresses the entire learning program including classroom instruction and time spent outside the classroom, such as hallways, restrooms, and playgrounds. Through this system, Head Start staff define rules and expectations, provide social skills instruction and offer feedback to children about their behavior.

Strategies



Positive Behavior Interventions & Support consists of multiple strategies that work together to promote positive behavior of all

children in preschool programs.

This Includes:

- Arranging the physical environment
- Providing predictable routines
- Defining positive classroom rules
- Using effective instruction
- Giving children feedback on their behavior
- Providing additional support for individual children

Program Wide Expectations

North Iowa Community Action Organization (NICAO) Head Start has adopted a unified set of program expectations to be used throughout our program:

- **Be Responsible**
- **Be Safe**
- **Be Respectful**

More Information

More information on Positive Behavior Interventions and Support is available from your classroom teacher or family worker. We have information on different challenging behaviors including:

- Bedtime routines
- Tattling
- Tantrums
- Many more...