

## Emergency Community Resource Access – North Iowa

Updated April 13, 2020

### Health and Human Services:

- **United Way Resource Center – Call 2-1-1 or 515-246-6555**
- Cerro Gordo County DHS (Medicaid/Title 19, Child Care Assistance, Food Assistance) – 525 9<sup>th</sup> St SE, Mason City – 641-424-8641
  - Office is open with very limited staff available on site.
  - Applications still being accepted onsite, faxed or online at: <https://dhs.iowa.gov>
- Iowa Workforce Development – 600 S. Pierce Ave, Mason City – 641-422-1524
  - Serves Cerro Gordo, Floyd, Franklin, Hancock, Mitchell, Winnebago and Worth Counties
  - <https://www.iowaworkforcedevelopment.gov/updates-and-resources-about-covid-19>
- Iowa Legal Aid
  - They are open and working remotely. All phone lines are staffed. Any Civil issues affecting folks can be referred to the following link- <https://www.iowalegalaid.org/resource/2020-coronavirus-outbreak-what-you-need-to-know>
  - COVID-19 Legal Information Hotline – 1-800-332-0419 – 9am – 4pm, Monday thru Friday, to help answer legal questions directly tied to the crisis, such as facing eviction, denial of unemployment benefits, experiencing employment issues, or being a victim of identity theft. Call and leave a message and staff will call them back to screen for eligibility for their free program or connect them with a volunteer attorney.

### COVID-19 Testing

- Mason City –
  - Drive up testing is available in Mason City 9 a.m.-5 p.m. Monday-Friday.
  - If you feel you need to be tested, please call MercyOne Family Health Line at 641-428-7777 to determine if it's appropriate to be tested. They will direct further as needed.
  - Further questions: Call 641-494-3546 or 641-494-3547 from 8 a.m. – 4:30 p.m. Monday thru Friday
- New Hampton –
  - Drive up testing is also now available at MercyOne New Hampton Medical Center
  - If you feel you need to be tested, please call MercyOne New Hampton Family Medicine at 641-394-2151 to determine if it's appropriate to be tested. They will direct further as needed.
  - Further questions: Call 641-394-2151 from 8 a.m. – 4:30 p.m. Monday thru Friday

### Criteria for Testing Youth Living in a Congregate Setting (EFFECTIVE-March 26, 2020)

- As essential workforce who interact with clients, please follow these mandatory guidelines:
- **For Children in Congregate Settings**
  - Any child who lives in a congregate setting and develops a fever (100.4 degrees or above) or an emerging cough must be tested for COVID-19, regardless of underlying condition.
  - All positives must be reported to Kristin Konchalski ([Kkoncha@dhs.state.ia.us](mailto:Kkoncha@dhs.state.ia.us)) at the Iowa Department of Human Services.
- **For Residential Facility Staff**
  - If you have a fever (100.4 degrees or above) or an emerging cough, you must stay home and contact your healthcare provider. Inform them that you are essential workforce in a direct care role working with vulnerable individuals.
  - All positives must be reported to Kristin Konchalski ([Kkoncha@dhs.state.ia.us](mailto:Kkoncha@dhs.state.ia.us)) at the Iowa Department of Human Services.

Should you have questions, please call the Department of Human Services.

### Emergency Food Access:

\*School District Food Access – See Page 9

## Meals

- Community Kitchen of North Iowa: 606 N Monroe Ave, Mason City – 641-424-2316
  - Carry out meals and bread pick up
  - Lunch: Monday – Saturday pick up 10:45 a.m. - 12:30 p.m.
  - Dinner: Monday-Thursday pick up 4:45 p.m. – 6 p.m.
- Elderbridge Agency on Aging – 1190 Briarstone Dr., Mason City – 641-424-0678
  - Clear Lake residents affected by the suspension of their Community Kitchen may call and have a two-week supply of frozen or shelf stable meals shipped to them.
  - Insecure Adults with disabilities or over the age of 60 – Call 800-243-0678 for assistance
- Meals on Wheels
  - Mason City – 641-380-0080 - No changes currently – Monday-Friday, in town
  - Clear Lake has been suspended.
  - Charles City - available Monday-Friday, call -641-257-4349
  - New Hampton, call 641-394-3173

## Pantry Access

- Hawkeye Harvest Food Bank – 122 South Adams Ave, Mason City
  - Hours M-F 1-4pm each week
  - Items will receive pre-packaged box of food, including meat, milk, eggs, bread and sweets
  - \*\*Clients are asked to remain in their vehicles. A yellow card or ID is necessary to obtain a food box\*\*
  - For more information, call 641-424-3073
- Clear Lake/Ventura Food Pantry,
  - Open: Wednesday 5:00 p.m. – 7:00 p.m. and the 1<sup>st</sup> and 3<sup>rd</sup> Friday from 1:00 p.m. – 3:00 p.m.
  - We are offering a Drive through service for all our registered clients where we will give them pre-made boxes/bags of food based on their family size.
  - Discontinued all our Community Kitchen Dinners
  - Clear Lake recipients in need of meals may contact Elderbridge and have a two-week supply of frozen or shelf stable meals shipped to them.
- Chickasaw County Food Pantry – 417 N Sherman Road, New Hampton
  - Friday mornings – 9 a.m. – 11 a.m.
  - Call for more information 641-394-5454
- Franklin County – 302 5<sup>th</sup> Ave NE, Hampton – Changes effective March 27<sup>th</sup>
  - Tuesday and Friday – 10am – Noon
  - Clients must call in advance (641-456-2456) and their box will be placed outside the door.
- Floyd County – Messiah Food Pantry
  - 12:00pm – 3:00pm Monday & Friday, 9:00am – 12:00pm Wednesday
  - \*\*Must be a Floyd County Resident. Must have a Photo ID with current local address. Income based guidelines. May only receive assistance once every 30 days
- Floyd County – Bethany Alliance Church
  - Non-perishable foods on an emergency basis. Call 641-228-1318
  - Office Hours: 9:00am-12pm/1:00pm-3:00pm Monday- Friday
- Manly – Bethel United Methodist Church
  - Food and Personal Care/Hygiene items
  - If you cannot come during daytime hours, contact Pastor Cory Allare at 404-788-4997
- Mitchell County Food Bank – 415 Pleasant St, Osage
  - Open Tuesdays and Fridays – 10AM – 11:30 AM
  - Come to the door. People will be met by a volunteer that will ask for name, address and number of people in the household. They will then come back to the door with the food.
- Mohawk Market – Roosevelt School – 122 S Adams, Mason City
  - Contact Tara Truex 641-210-8659 or Dan Arjes 641-494-6002
  - Grocery/Food Bank for school population
  - Delivery only
  - Pre-Boxed groceries delivered 2 times/month
- West Fork Food Pantry – Zion St John's Lutheran – 422 Sherman St, Sheffield – 641-892-4010
  - 1<sup>st</sup> Thursday of each month 10am – 12Noon
  - 3<sup>rd</sup> Thursday of each month 3:30 pm – 5:30pm

- For Residents of Franklin County or the West Fork School District. Bring an ID or current bill to verify residency
- West Fork Wishes Pantry – West Fork Community Schools
  - For households with students in the West Fork Community Schools
  - Contact Shelley Sheppard at: [shelley.sheppard@westforkschool.org](mailto:shelley.sheppard@westforkschool.org)

### Grocery Store Delivery or Pick Up Options

- CERT & HyVee – Boxed Grocery Service – Residents of Cerro Gordo County: 641-494-3546 to place the order
  - Safe shopping alternative for older adults and those in a high-risk category
  - 2 options available, Regular or Gluten Free.
  - No substitutions
  - Payment by Cash or Check (Check made out to HyVee)
  - Call 641-494-3546 to order and set up delivery or drop off option.
- HyVee – 875 4<sup>th</sup> St SW or 551 S Illinois Ave, Mason City
  - Online order for delivery or pickup (Aisles Online)
- Simply Nourished – 419 Main Ave, Clear Lake
  - Delivery or Curbside Pickup
  - E-mail [simplynourishedclearlake@gmail.com](mailto:simplynourishedclearlake@gmail.com) for service
  - Monday thru Friday 10-6, Saturday 10-4
- Target – 3450 4<sup>th</sup> St SW, Mason City
  - Pickup at the store
  - Order online at [target.com](http://target.com)
- Walmart – 4151 4<sup>th</sup> St SW, Mason City
  - Pick up at the store
  - Order online at [grocery.walmart.com](http://grocery.walmart.com)

### Local Food Farms

- Healthy Harvest of North Iowa
  - <https://www.healthyharvestni.com/covid>

### Transportation:

- Chickasaw Chassis – 641-394-3173
- City of Mason City Bus –
  - \*Effective 3/25/2020 – Northeast Route will be suspended. If you live along this route and need a ride, please call Region 2 (24 hours in advance) to schedule a ride. All other Fixed Routes, Paratransit & Midnight Special – running as normal
  - Fares are being waved
- EARL Public Transit – 319-233-5213
- INRCOG – Iowa Northland Regional Council of Government – 319-235-0311
- Region 2 Bus Routes – 641-423-2262
  - No change in service offerings

### County Organizations

- Cerro Gordo
  - Cerro Gordo County General Assistance/Relief –220 N. Washington, Mason City – 641-421-3083. Applications are available in the courthouse entry – can be mailed or e-mailed. No in-person appointments at this time.
- County Social Services – General Support Hotline: 1-855-266-1257, [www.countysocialservices.org](http://www.countysocialservices.org)
  - CSS will provide telehealth mental health services or link individuals with a provider for anyone in our service area who needs counseling. There is no cost to the individual for the service and no borders to their geographical area.
  - CSS also has funds available for food for persons with disabilities, so please refer your ADRC clients to them for food.
  - CRISIS LINE: 855-581-8111, or text 855-895-8398, [www.yourlifeiowa.org](http://www.yourlifeiowa.org)
  - Cerro Gordo – 525 9<sup>th</sup> St SE, Suite #3, Mason City – 641-210-7015
  - Chickasaw – 260 East Prospect St, New Hampton – 641-394-3426

- Hancock, Winnebago & Worth – 126 S Clark St, Forest City – 641-585-2340
- Floyd – 1206 S Main St, Suite D, Charles City – 641-257-6363
- Mitchell – 415 Pleasant St, Osage – 641-832-2615

### Children & Family Services:

- Lutheran Services in Iowa – 2502 South Jefferson Ave – 641-423-1083
  - All services are being provided via tele-visits
  - Resources may be available on a case by case basis
- MercyOne Family Connections – 1000 4<sup>th</sup> St SW, Mason City – 641-428-2525
  - All services are being provided via tele-visits
  - NEW Parent Education App available – YoMingo – Features tools and support for expecting and new parents, such as kick counters, contraction timers, feeding logs and more! [www.MercyOne.org/babyapp](http://www.MercyOne.org/babyapp) to register and set up an account. Mobile app is available as: myYomingo
- North Iowa Community Action - 100 1<sup>st</sup> St NW, Mason City, 641-423-5044 or 800-657-5856
  - All Head Start and Early Head Start programs are closed. Staff are continuing to keep in contact with their families as much as possible. The administrative office is accepting applications for 2020-2021 school year. Contact the office at 641-494-1891 or 866-836-3124
  - EHS Home visitation, FaDSS, COPA, and PCA – virtual visits only. All are continuing to accept new clients for their programs.
  - WIC – All appointments are being completed via the phone. Contact the office at 641-530-9131 to schedule an appointment.
  - Family Planning – If refills are needed, call 641-420-4311 and they will be taken to the building doors or can be mailed. For appointments or to speak to staff call 641-530-8249.
  - Maternal/Child Health – services being provided through phone contact at 641-423-5044 or 1-800-657-5856. Staff members are available to help families access services via care coordination and can also assist qualifying families obtain presumptive eligibility for Medicaid.
  - First Five – Phone contact only
  - I-Smile and I-Smile@School oral health services are currently suspended.
    - Care Coordination services (particularly emergency dental services) continue to be offered through this program via telephone. Please contact Lezah Hanson at 641-530-1052
  - Child Care Nurse Consultant – continues to assist businesses with health and safety policies, health programs, health of personnel, and specific child health or safety issues. Contact Monica VerHelst at 641-530-0003.
  - Ryan White Living with HIV providing services by phone
    - Contact Linda Krause (641-530-1702) for assistance.

### Child Care Services

- Childcare centers are open except GC4 (Garner). Family YMCA (MC)
- Centers are accepting new kids at this time for essential staff. Spots are not guaranteed after the pandemic has ended.
- Contact Brian Pauly [bpauly@masoncity.net](mailto:bpauly@masoncity.net), 641-420-0241 or Brandon Flugum [bflugum@cghealth.com](mailto:bflugum@cghealth.com), 641-590-1609.
- Parent Referral Hotline - Parent Specialists offer referrals to parents for information on child care openings for home and center-based child care and no-cost education and guidance on selecting the best child care program for your families
  - 855-244-5301 or [www.iowaccrr.org/families](http://www.iowaccrr.org/families)
- Map for Child Care Programs with Vacancies - The Department of Human Services along with Child Care Resource & Referral are updating this list daily for essential staff to access.
  - [bit.ly/2wxr6J1](https://bit.ly/2wxr6J1)
  - Resources for Child Care Businesses
  - [www.iowaccrr.org/providers/links/resources2020](http://www.iowaccrr.org/providers/links/resources2020)
- Child Care Resource & Referral – Chickasaw County, 910 East Main St, New Hampton
  - Parents: 855-299-0499
  - Providers: 855-299-0499

### Health

- CG Public Health – 2570 4<sup>th</sup> St SW, Mason City – 641-421-9300 (number corrected)

- Chickasaw County Public Health – 260 East Prospect St, New Hampton – 641-394-4053
- Community Health Center of Mason City – 404 N. Federal, Mason City – 641-450-0601
- Franklin County Public Health – 1600 Central Ave E, Hampton – 641-456-5820
- MercyOne Family Health Line – 641-428-7777 or 1-800-468-0050

### Medication

- Order your refills early, give the pharmacy at least 5 days' notice before you need your medication. Some insurance plans are allowing early refills or 90-day supplies... but some are not. Your pharmacy will bill your insurance and be able to tell you if it is allowed for your plan. Please do not stockpile.
- Try to stay out of the pharmacy. Ask your pharmacy about their options to mail or deliver your prescriptions. If they have a drive-thru use that. Some pharmacies are offering a "curbside" pickup option when they are able. This will protect you from other patients who may be in the pharmacy and might be sick, and will also help protect others (including pharmacy staff)
- If you are ill, please do not go into your pharmacy. Use mail or delivery options, or have a family member, friend or neighbor pick up your prescription.

### Mental Health

- County Social Services – General Support Hotline: 1-855-266-1257, [www.countysocialservices.org](http://www.countysocialservices.org)
  - CSS will provide telehealth mental health services or link individuals with a provider for anyone in our service area who needs counseling. There is no cost to the individual for the service and no borders to their geographical area.
- Francis Lauer Shelter & Residential Adolescent Addiction Program – 50 N Eisenhower, Mason City - 641-423-7362
  - Shelter & Treatment programs are open – no visitors and no off-site travel
  - All out-patient mental health counselors, substance abuse counselors and medication providers are seeing patients via Telehealth. No patients being seen in person at this time.
  - Partnership School & Day Programs – Currently Suspended
- Iowa Warm Line – 1-844-775-WARM(9276) – **Residents of Franklin and Hardin Counties**
  - 2pm – 10 pm daily
  - Peer-run, telephone based, non-crisis, confidential listening line for anyone struggling with mental health or substance use issues.
- MercyOne Behavioral Health – 1000 4<sup>th</sup> St SW, Mason City – 641-428-7797
  - Inpatient unit remains open for adults and adolescents.
  - Outpatient therapy sessions provided by telehealth. If there is a barrier with telehealth, contact our office. Still accepting new patients.
- Pathways Behavioral Services – 602 Washington Ave, Fredericksburg – 563-237-5300
  - Outpatient visits currently being done via tele-health
  - Still accepting referrals for inpatient treatment (Residential and Detox)
  - **New Crisis Call Hotline for Butler and Chickasaw Counties – Starting April 13<sup>th</sup>**
    - **Monday, Wednesday and Friday 10am-12Noon**
    - **Butler County: 641-220-6717**
    - **Chickasaw County: 641-229-0894**
- Prairie Ridge Integrated Behavioral Healthcare – 320 N Eisenhower, Mason City - 641-424-2391
  - **Crisis Counselor available 24/7.**
  - **No Residential referrals are being accepted. Residential treatment has closed.** Additional outpatient services will be available to those in need.
  - Groups – currently **going on via telehealth. Contact Prairie Ridge for more information.**
  - **Now offering outpatient mental health and substance abuse prescribing for children and adolescents (ages 6-17) Call Prairie Ridge to schedule an appointment – 641-424-2391**
  - Individual services may be provided by telehealth and staff in the office
  - New therapy patient walk in hours: Tuesday & Wednesday – Noon and 1:30pm.
  - New psychiatric prescribing service walk in hours: Tuesdays & Wednesdays – 8am and 9am.
  - Integrated Health Home has discontinued face to face visits & are increasing the # of phone contacts. Treatment planning/staffing will be done via teleconference.
- Salvation Army Support Line– 641-424-4031
  - 9am – 3:30pm
  - For those that desire to pray with someone, share scripture, or just talk

- Can help refer people to support services/counseling as needed.
- Senior Life Solutions – 308 N Maple Ave, New Hampton – 641-394-1627
- Turning Leaf Counseling, Inc. – 103 E State St., Mason City - 641-421-2089
  - Normal Hours of Operation –
  - As of 3/24/20, telehealth appointments only.
- Veteran's Affairs – Crisis Line – 1-800-273-8255 (Press 1)
  - Covered 24/7
- **Your Life Iowa – CRISIS LINE: 855-581-8111, or text 855-895-8398, [www.yourlifeiowa.org](http://www.yourlifeiowa.org)**

### Dental Access

- Offices are only seeing patients that are needing immediate/emergency care. (Broken teeth, pain, swelling, or an abscess)
- Contact your primary dental office if you have an existing appointment or if you are needing immediate/emergency care.
- If you do not have a dental home, Community Health Center of Mason City accepts all insurance types, as well as those that are uninsured. (Again, for emergency needs only at this time.) Office phone #: 641-450-0601

### Community Services

- 43 North Iowa – 111 2<sup>nd</sup> St NE, Mason City – 641-423-3301
  - Affordables, Marketplace, JavaWorks and janitorial crews have been suspended
  - Transitional living and manufacturing operations are open but with restricted visitors and limited contacts
  - Temporarily suspended accepting new referrals to focus on current clients
- Caring Pregnancy Center – 830 15<sup>th</sup> St SW, Mason City - 641-424-2237
  - Available on an emergency basis only during normal business hours (call to set up)
  - Will continue to work with clients on basic necessities (diapers, wipes, formula)
- Crisis Intervention – 206 3<sup>rd</sup> St NE, Mason City – 641-424-9133
  - Business by phone as much as possible.
- Elderbridge Agency on Aging – 1190 Briarstone Dr., Mason City – 641-424-0678
  - Operations continue, but office is closed to the public
  - Direct services being provided over the phone
- Floyd County – Crisis Intervention Services – 641-228-0015 or (24 hour 1-800-479-9071)
  - Areas of Assistance: Victims of physical or domestic abuse, sexual assault, survivors of homicide victims, victims of violent crime, and human trafficking.
- Iowa State Extension – Financial Counseling
  - Individual financial educators can work one-on-one with clients on items such as budgeting, prioritizing bills, paying down debt, connecting with resources for reduced incomes and other personal finance topics
  - Can call Iowa Concern Hotline (800-447-1985) and leave a message or e-mail [schmitt@iastate.edu](mailto:schmitt@iastate.edu) with client's contact information and anything they might have shared.
  - COVID-19 Resources from ISU Extension: [www.extension.iastate.edu/humansciences/disaster-recovery](http://www.extension.iastate.edu/humansciences/disaster-recovery)
- North Iowa Community Action (VITA) tax preparation – Now taking virtual visits as well.
  - Federal tax submission has been pushed back to July 15. NICA0 has been authorized to continue their visits after the original April 15 deadline if people would like to wait for a potential in-person visit.
  - However still is accepting applicants to be able to provide virtual assistance. Please contact 641-423-7766 to find out more information
  - **Questions about the economic stimulus payment? Call 641-423-7766.**
- North Iowa Community Action (LIHEAP) Energy Assistance – 641-423-7766
  - No in-person applications. Applications will be accepted via mail, e-mail, online or phone
  - Applications at: <https://portal.liheapia.net/> or from any NICA0 site
  - Winter moratorium has been extended to May 1, 2020 and applications for assistance have been extended to May 31, 2020. **\*Newly laid-off/furloughed workers – \*New income criteria being used, please contact the office for more information.**
    - Butler and Franklin Counties: 319-278-4606
    - Cerro Gordo County: 641-423-7766
    - Floyd, Mitchell and Worth Counties: 641-228-2893
    - Hancock, Kossuth and Winnebago Counties: 641-585-5863

- Northeast Iowa Community Action – 910 E Main St, New Hampton – 641-394-2007
- Salvation Army – 747 Village Green Dr, Mason City – 641-424-4031
  - Adult day-care is closed
  - General assistance funds -Currently on hold. Check back April 13<sup>th</sup> for more information.
  - Resource for diapers and adult diapers
- Veteran's Affairs
  - 24 Hour Nurse Help and Triage Line – 1-844-827-6855
  - Prescription Refills – 1-855-560-1717
  - Medication Questions: 1-800-294-8387 Ext 5832

## Housing

- Mason City Housing Authority (HUD) – 103 E State St, Suite 506, Mason City 641-421-2711
  - Office is closed/ Staff working from home. They will be checking the office/mail every day.
  - Housing Applications are available outside their door. Can be mailed back in or slid under the door.
- New Beginnings House of Hope (Women & Children's Shelter) – 2 S. Adams St, Mason City 641-423-5920
  - Accepting only those in a safety situation or in a place not meant for human habitation
  - Clients are being asked to stay on site, except for work, medical or emergencies.
  - Donations are being accepted but must be left in the vestibule. Individuals not registered at the shelter will not be allowed in.
- North Iowa Regional Housing Authority – 202 1<sup>st</sup> St SE, Mason City – 641-423-0897
  - Doors are closed to the public. Applications are available outside their door or online
  - Can be completed/submitted online, over the phone, or by dropping off outside their door
- Northern Lights Shelter (Men's Shelter) – 307 N Monroe, Mason City – 641-380-0047
  - Accepting only those in a safety situation or in a place not meant for human habitation
  - Clients are being asked to stay on site, except for work, medical or emergencies.
  - Donations are being accepted, but must be left on the front porch, individuals not registered at the shelter will not be allowed in.

## Social Security

- Social Security Administration (Mason City office) – Phone #: 866-365-6708 - 625 Village Green Drive SW, Mason City
  - Social Security Administration offices are closed to the public. You can still apply for benefits, manage your account, and review information online at: <https://www.ssa.gov/onlineservices/>
  - You can also contact your local offices in an emergency.
  - General Services line for the entire country: 1-800-772-1213

## Employment Opportunities

- City of Mason City – Looking for Drivers for bus routes – need CDL with passenger endorsement - Contact City of Mason City for more information, 641-421-3600
- Sukup Manufacturing – Looking for temporary employees to assist in the daily production operations. Positions and physical demands may vary
  - 1st shift 6am-3pm, 2<sup>nd</sup> shift 3:30 pm – 12:30am Monday thru Friday, both with potential voluntary hours on Saturdays
  - Contact Sukup – Jasmine Wright – [employment@sukup.com](mailto:employment@sukup.com) or 641-892-4222

## Miscellaneous Information

- COVID-19 Tool Kit
  - <http://www.commodityfoods.org/resources/Documents/Resources/COVID-19/COVID%20TOOLKIT%203.30.20.pdf>
- Driver's licenses, vehicle titles/registration/license plates
  - All driver's licenses and registrations that expired after January 17, 2020 will be considered valid until the public health emergency has been declared ended.
  - Transfer of vehicle titles done during this period of will be considered valid until the emergency is over.
- HealthWell Foundation – Financial assistance for COVID-19 related costs – 800-675-8416

- Maximum award is \$250 to be used to help with the cost of items such as delivered food/medications, telehealth(virtual visit) costs, or transportation related to increased Covid-19 risk
- Phone applications only: 1-800-675-8416
- Information on criteria: [https://www.healthwellfoundation.org/fund/covid-19-fund/?blm\\_aid=2061312](https://www.healthwellfoundation.org/fund/covid-19-fund/?blm_aid=2061312)
- North Iowa Small Business Help Line – 641-422-4737 or [cares@niacc.edu](mailto:cares@niacc.edu)
  - Monday – Friday 9am – 4pm
  - Staff will answer questions from business owners about state and federal relief programs and options for their businesses.

### Community Care Coordination

- MercyOne Community Care Coordination Program – 641-428-7158
  - Connecting people with resources in Cerro Gordo County
  - Hours 8-4:30pm
  - Call 641-428-7158 (leave message if receive voicemail and day-time working number)
- Mitchell County Public Health – 641-832-3500
  - Connecting people with resources in Mitchell County
  - Mitchell Country residents needing help with services (i.e. grocery pick up, pharmacy pick ups)



### School District Food Access

- Algona CSD
  - Delivery will be available on Monday, Wednesday, and Friday. Delivery will include two breakfast meals and two lunch meals per person. Based on need and results of completing form, distribution locations will be determined with an attempt to deliver to all communities in the Algona and Lu Verne School Districts. Completion of the form will provide meals starting Monday, March 23rd through Friday, April 10th. Form: <https://docs.google.com/forms/d/e/1FAIpQLSesKKLrz1FaLVD3ulm9dDj4s5QaB28jjNzlezaJo5yQcwIT5Q/viewform>
- Aplington-Parkersburg
  - Monday-Friday 11-12 at the Aplington school East cafeteria door or Parkersburg High School front door
- Central Springs – Breakfast and Lunch (Pick up is lunch for that day and breakfast for the next)
  - Pick up locations: Manly school, Nora Springs school, Hanlontown city park, Plymouth post office, Rock Falls mailboxes by the park
  - Starting March 30<sup>th</sup> - Pick up Monday, Wednesday, and Friday 11am – Noon
- Charles City
  - Monday-Friday at Washington Elementary 11-12:30
- Clarksville
  - Breakfast and lunch provided on Tuesdays and Fridays between 9-11 for anyone 0-18 year old; pick up is available at the cafeteria entrance. For those outside of city limits, delivery is available, you'll need to sign up for this by noon on Monday.
- Clear Lake – Routes start at 11am
  - Breakfast and Lunch given every day
  - Multiple Routes with drop locations are available. Check the Infinite Campus Parent Portal for more information.
  - \*Child does not need to be present for pickup\*
- Hampton-Dumont/CAL – "Grab & Go" Breakfast and Lunch (2 breakfasts and 2 lunches distributed)
  - Hampton distribution at high school (back entrance) Tuesday/Thursday/Sunday 5-7 pm
  - Dumont distribution at the bus barn Tuesday/Thursday/Sunday 5-7pm
  - CAL distribution in front of building – Sundays 2pm-4pm and Wednesday from 4:30pm-6pm
- Forest City – Lunch and snack pickup
  - The district will offer a daily, Monday-Friday, pickup at six locations. A lunch and snack may be picked up during these timeframes. Children must be present to receive the meals. Meals are not to be consumed at these locations. This is a free service for students within the Forest City Community School District.
  - Forest City Schools Food Service Director Glenda Keough said, "Parents do not need to be present if a student is able to pick up the meal on their own. It's important that everyone understands that this is a "grab and go" option and meals should not be consumed at the pick-up location. In addition, meals that are not consumed immediately should be refrigerated."
  - There will be five rotating sack lunch options, two of which will include a hot entree. The hot entree selection is a pizza slice or chicken tenders.
  - A sample sack lunch includes a peanut butter and jelly sandwich, cheese stick, applesauce cup, carrotenees, a ranch cup and milk. A sample snack is a muffin and milk.
  - Any questions should be directed to Glenda Keough at [gkeough@forestcity.k12.ia.us](mailto:gkeough@forestcity.k12.ia.us).

City	Location	Time
Forest City	In front of the Forest City High School	11 a.m. - 12:15 p.m.
Crystal Lake	Kliver Community Center parking lot	11:15 a.m. - 11:30 a.m.
Woden	St. John's Lutheran Church parking lot	11:40 a.m. - 11:55 a.m.
Hanlontown	Hanlontown bus stop	11 a.m. - 11:15 a.m.
Fertile	Public Library parking lot	11:20 a.m. - 11:35 a.m.

Leland	In front of the Leland Post Office	Noon - 12:15 p.m.
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- Mason City - Curbside lunch and snack pick-up for children ages 1-18
  - \*\*\* As of Monday, March 30<sup>th</sup>, twice week schedule of grab and go meals
  - Available at Roosevelt Elementary and Harding Elementary & delivery
  - Hours 11:00 am – 1 pm. M-F – Monday (receive 2 meals for Mon-Tues; Wednesday 3 meals Wed- Thurs-Friday)
  - Deliveries will also be changed to a drop and knock system. Bags will be left at the door. Delivery staff will knock and leave (not waiting for an answer). If delivery is needed, please contact Sarah Mariner, Food Service Supervisor, at 641-421-4501.
- New Hampton
  - Breakfast and lunches are being delivered to locations on Mondays, Wednesdays and Fridays
  - Parents should call their child's school to be added to the list and find their location.
- West Fork School District
  - Starts April 2<sup>nd</sup>, 2020
  - Sign up via the Google Form sent out or with the school: 641-892-4160 or 641-822-3236
  - Tuesday and Thursday, 11:45am-12:30pm
  - Drop offs in Chapin, Meservey, Thornton, Swaledale, Sheffield and Rockwell.